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I'm not expecting
to be fighting!"
Alexis DelChiaro,
news anchor,
San Diego, CA



What's on your mind?

Cosmo readers share what they're thinking about right now.

"Right now, I'm all about wellness. I've been going on roller coasters and riding my bike. I just want to relax, have fun, and not let anything get to me."
Yasmin, 28, Irvine, CA



"I've been taking yoga classes—220kcal and 100kcal ones. I love how they make me feel so much at home."
Samir, 28, Irvine, CA



"I just married my husband, and I heard that the first year is the toughest, but I've been going really well. We're living together. I'm not expecting to be fighting!"
Alexis DelChiaro,
news anchor,
San Diego, CA